

Join the Positive **FAMILY** Revolution

www.KnowYourChild.com.au

Empower . Grow . Thrive



KnowYourChild.com.au is dedicated to helping families *flourish*.
It first starts with **Understanding Your Child**.

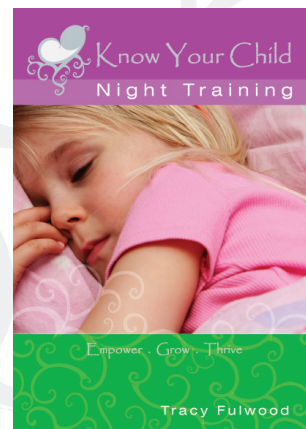
Since 2008, The Know Your Child system has been used to help thousands of parents gain invaluable insight into their child's needs at the **early childhood stage**. This is particularly beneficial, when communication and social skills are just developing. It was first applied to toilet training. Using the Know Your Child strategies, parents can toilet train in just days and overcome the common "battle of wills" often associated poo problems. **Know Your Child | Night Training** uses the same strategies to help parents empower their child to achieve dry nights.

KnowYourChild.com.au is the beginning of a complete Well-being Program for families to THRIVE.

Strength-based Parenting can be the solution. Children's emotional competencies increases with age and experience. Studies have shown that character and parenting are crucial contributors to a child's social and emotional well-being. A positive approach to parenting, focussing on our child's strengths has the ability to reduce stress, increase happiness, build resilience and self esteem, strengthen relationships. Imagine having these proven parenting strategies to apply while your child is young, before they even start school. Imagine the difference it could make to your family, your child, growing in this knowledge. If you knew YOUR top five character strengths, and designed your life around what you do best, how would it change your life? Your child's? Your local school? Your community?

Join the **PositiveFAMILY** Revolution. This information **CAN** change your life. The first step is just knowing.

Sign up to receive the Know Your Child Newsletter today.



Know Your Child

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Imagine...



to be successful. prosper. to grow or develop in a healthy or vigorous way, especially as the result of a particularly congenial environment.

WHAT ARE YOUR

TOP

5 Character Strengths



zest

curiosity leadership

integrity judgment

humour spirituality
love of learning

humility kindness

citizenship self-control

perspective

gratitude appreciation of beauty
ingenuity

hope valor

perseverance forgiveness

social intelligence prudence

loving fairness

wisdom and knowledge humanity and love courage justice temperance transcendence